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The main text should include previous research on the subject (if it is not included in the Introduction), methodology and/or theoretical framework, results of the research, and discussion with interpretation of results obtained. Use Italic (not boldface typing or capital letters) for emphasizing a word or a phrase. More requirements for a manuscript are provided in Table 1 (use style Paragraph body, or Alt + Ctrl + Z).

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Table 1. Requirements for a manuscript. For formatting the title of the Table use Times New Roman 9 pt (style Table title, or Alt + Ctrl + I) (source: Author, year)

Requirements	Clarification	Other notes
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The manuscript should include all parts.	Abstract, keywords, notations, introduction, body text, conclusions, and references.	Acknowledgements, funding, disclosure statement, authors contribution and appendices can be added if needed. Acknowledgements, funding, disclosure statement and contribution should be provided into the Title Page.
All figures and tables must be placed and cited in the text in consecutive numerical order. The resolution of pictures should be no less than 300 dpi (dots per inch).	If the size of the final file is too large (more than 10 MB), then the manuscript should contain the figures with minimised resolution, and the original figures must be provided in original size, resolution and appropriate format. Do not use text editor for providing separate figures.	For more details see section 'Figures and tables'
Proper citation of sources is necessary.	The Journal uses the APA Style (surname and date) short reference system for citations in the text with a detailed alphabetical list at the end of the paper. Every reference cited in the text should be also present in the reference list and vice versa.	For more details see section 'Reference style'. Examples are provided in section 'References'.
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Acknowledgements, funding, disclosure statement, and author contributions should be provided in a separate file (Title Page).	In order to ensure author anonymity, the information will be included in the manuscript after peer-review process. Please do not write acknowledgements for editors and referees!	

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Formulas, equations and their components presented in the text must be written in Equation Editor. The size of basic symbols in equations should correspond to the letter size of the main text -10 pt; indexes should be in 7 pt, sub-indexes -6 pt.

All the numerals, including index numbers, are presented in Regular type, variables in *Italic*. Matrices are written in square brackets [] or bold, and vectors in figurative brackets {}. Equations should be formatted in Times New Roman 10 pt. Punctuate equations with commas or periods when they are a part of a sentence, as in:

$$a = \frac{b}{c}$$
 (use style Displayed equation, or Alt + Ctrl + E), (1)

if necessary, value of symbols should be specified.

Please confine equations to one column width -8 cm. If the equation is longer, it should be split at appropriate algebraic symbols. The parts of the longer equations must be horizontally left aligned in the equation editor.

Equations are numbered by Arabic numerals in round brackets and aligned right. The punctuation and numbers of longer equations, like (2), must be vertically centred with the last line of the equation.

$$\frac{d\Delta Z(\xi)}{dx} = \frac{d\Delta Z(\xi)}{L_{Re}d\xi} = \frac{1}{L_{Re}} \left(\frac{dH_{01}^{(2)}}{d\xi} \Delta Z_{i} + L_{Re} \frac{dH_{11}^{(2)}}{d\xi} \frac{d\Delta Z_{i}}{dx} + L_{Re}^{2} \frac{dH_{21}^{(2)}}{d\xi} \frac{d^{2}\Delta Z_{i}}{dx^{2}} + \frac{H_{02}^{(2)}}{d\xi} \Delta Z_{i+1} + L_{Re} \frac{dH_{12}^{(2)}}{d\xi} \frac{d\Delta Z_{i+1}}{dx} + L_{Re}^{2} \frac{dH_{22}^{(2)}}{d\xi} \frac{d^{2}\Delta Z_{i+1}}{dx^{2}} \right). \tag{2}$$

Use an en-dash (-) rather than a hyphen (-) for a minus sign. Please note that an en-dash should be used for connecting values (years, tables, figures, equations, etc.) in a range; for connecting variables in a range, please use \div , or 'from ... to ...' construction. Reformatting of running text, into which special characters such as Greek letters have been entered via the keyboard, can cause these characters to disappear. In order to avoid this problem, always insert special characters to your document from $Insert \rightarrow Symbol$. In the Symbol dialog box select the required character and click Insert.

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Care and attention must be given to below guidelines because importing graphics packages can often be problematic:

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- The resolution of pictures should be no less than 300 dpi (dots per inch). If the size of the final file is too large (more than 10 MB), then the manuscript should contain the figures with minimised resolution, and the original figures must be provided in separate files.
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Funding

Please supply all details required by any funding and grant-awarding bodies as Funding in a separate paragraph as follows:

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Author Contributions

Ideally, people who contributed to the work are listed in this section along with their contributions (e.g. "TS and SS conceived the study and were responsible for the design and development of the data analysis. TS, MG and SS were responsible for data collection and analysis. TS and SS were responsible for data interpretation. MG wrote the first draft of the article."). Contributor list should be presented using Times New Roman 10 pt (use style Acknowledgements, or Alt + Ctrl + W).

Disclosure Statement

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Notations (use style Heading 1, or Alt + Ctrl + 1)

In this section, variables, functions, abbreviations, etc. should be listed with explanations. Please note that these explanations should not be repeated in the running text (use style Paragraph body, or Alt + Ctrl + Z).

Variables and functions

- a explanation of the first variable;
- b explanation of the second variable;
- c explanation of the third variable, etc.

Abbreviations

EFA – Example of First Abbreviation, etc.

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